Amendments to the Claims:

Claims 1-17 (Cancelled).

- 18. (Previously Presented) A pull-out guide fitting for a drawer, comprising:
- a drawer track to be attached to a drawer;
- a support track to be attached to a body sidewall;
- a center track arranged between said drawer track and said support track;

rolling elements arranged between said drawer track and said center track, and arranged between said center track and said support track for allowing a transfer of the drawer between an open position and a closed position; and

a damping device operable to dampen a relative motion between said center track and at least one of said drawer track and said support track.

- 19. (Previously Presented) The pull-out guide fitting of claim 18, wherein said damping device comprises a hydraulic damping device.
- 20. (Previously Presented) The pull-out guide fitting of claim 18, wherein said damping device comprises a linear damping component including a cylinder and a piston arranged within said cylinder so as to be linearly movable within said cylinder.
- 21. (Previously Presented) The pull-out guide fitting of claim 18, wherein said damping device comprises a rotary damper component.
- 22. (Previously Presented) The pull-out guide fitting of claim 18, wherein said damping device includes at least two components operable to move relative to each other.

- 23. (Previously Presented) The pull-out guide fitting of claim 22, further comprising a stop on said support track, said damping device being mounted on said drawer track so as to be operable to engage said stop.
- 24. (Previously Presented) The pull-out guide fitting of claim 18, wherein said damping device is operable to dampen a relative motion only between said drawer track and said center track.
- 25. (Previously Presented) The pull-out guide fitting of claim 24, further comprising a stop on said center track, said damping device being mounted on said drawer track so as to be operable to engage said stop.
- 26. (Previously Presented) The pull-out guide fitting of claim 18, wherein said damping device is operable to dampen a relative motion only between said center track and said support track.
- 27. (Previously Presented) The pull-out guide fitting of claim 26, further comprising a stop on said center track, said damping device being mounted on said support track so as to be operable to engage said stop.
- 28. (Previously Presented) The pull-out guide fitting of claim 18, wherein said damping device is operable to dampen a relative motion between said center track and said support track, and also to dampen a relative motion between said drawer track and said center track.
- 29. (Previously Presented) The pull-out guide fitting of claim 28, further comprising a first stop on said drawer track and a second stop on said support track, said damping device being mounted on said center track so as to be operable to engage said first stop and said second stop.

- 30. (Currently Amended) The pull-out guide fitting of claim 28, wherein said at least two components of said damping device comprises:
 - a pair of racks each having a toothed rack profile; and a pinion for engaging said pair of racks.

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- 31. (Previously Presented) The pull-out guide fitting of claim 18, further comprising a stop formed of plate material and mounted on at least one of said drawer track, said center track, and said support track so as to extend radially therefrom.
- 32. (Previously Presented) The pull-out guide fitting of claim 18, further comprising a coupling attachment for coupling said drawer track and said center track, said damping device being arranged so as to be operable to dampen a relative motion either between said drawer track and said support track or between said center track and said support track.
- 33. (Previously Presented) The pull-out guide fitting of claim 32, further comprising a control component for controlling a relative movement between said drawer track, said center track, and said support track, said control component being operable to control the relative movement only over a portion of a path of movement of the drawer.
- 34. (Previously Presented) The pull-out guide fitting of claim 18, further comprising a control component for controlling a relative movement between said drawer track, said center track, and said support track.
- 35. (Currently Amended) The pull-out guide fitting of claim 18, wherein said at least two components of said damping device comprises:
 - a rack having a toothed rack profile; and a pinion for engaging said rack.

- 36. (Previously Presented) The pull-out guide fitting of claim 35, further comprising a stop on one of said drawer track, said center track, and said support track, said damping device being arranged such that an end of said rack engages said stop when the drawer is partially closed.
- 37. (Previously Presented) The pull-out guide fitting of claim 36, further comprising a compression spring arranged to bias said rack of said damping device toward said stop.
- 38. (Previously Presented) The pull-out guide fitting of claim 18, wherein said damping device comprises a fluid damping device including a damping fluid medium.
- 39. (Previously Presented) The pull-out guide fitting of claim 38, wherein said damping fluid medium of said fluid damping device comprises a gas.
- 40. (Previously Presented) The pull-out guide fitting of claim 38, wherein said damping fluid medium of said fluid damping device comprises air.